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WINTER
2021

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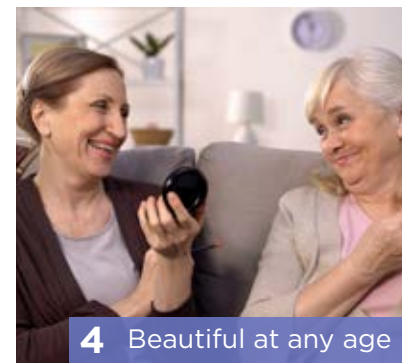
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- DANCE
- FINANCIAL MANAGEMENT
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For more information and a complete list of courses, visit sanjac.edu/cpd or call **281-542-2020**.

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Questions about San Jacinto College programs and services described in this publication should be directed to the Contact Center at 281-998-6150. Comments or questions about the publication can be directed to the San Jacinto College Marketing, Public Relations, and Government Affairs Department at 281-998-6152.

Executive Editor: Amanda Fenwick, *Vice President, Marketing and Public Relations*

Editor: Torrie Hardcastle, *Director of Public Relations*

Contributing Writers: Torrie Hardcastle, Courtney Morris, Melissa Trevizo, and Andrea Vasquez

Contributing Photographers: Courtney Morris, Melissa Trevizo, and Andrea Vasquez

Visit San Jacinto College online at sanjac.edu. Call us at 281-998-6150



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About San Jacinto College

Surrounded by monuments of history, evolving industries, maritime enterprises of today, and the space age of tomorrow, San Jacinto College has served the citizens of East Harris County, Texas, since 1961. San Jacinto College is among the top 10 community colleges in the nation as designated by the Aspen Institute for Community College Excellence, and was named an Achieving the Dream Leader College of Distinction in 2020. The College serves approximately 45,000 credit and non-credit students annually, and offers more than 200 degrees and certificates across eight major areas of study that put students on a path to transfer to four-year institutions or enter the workforce. San Jacinto College's impact on the region totals \$1.3 billion in added income, which supports 13,044 jobs. The College is fiscally sound, holding bond ratings of AA and Aa2 by Standard & Poor's and Moody's.

For more information about San Jacinto College, call 281-998-6150, visit sanjac.edu, or join the conversation on Facebook and Twitter.

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NEWS & NOTES



San Jacinto College wins national award for outstanding STEM education

The Aspen Institute College Excellence Program and the Siemens Foundation awarded San Jacinto College the Excellence and Equity in Community College STEM Award for the College's associate degree nursing and process technology programs.

Eight winning programs from seven community colleges across the country received this award for providing outstanding preparation for high-demand jobs in advanced manufacturing, energy, health care, and information technology. Additionally, these community college programs are also being nationally recognized for their intentional outreach and support of diverse populations that typically are underrepresented in science, technology, engineering, and math (STEM) careers. San Jacinto College is the only institution to receive the award for two programs.

Each winning program received \$50,000, with half of the funds allocated for program development and the other half allocated as scholarships for outstanding students, known as Siemens Technical Scholars.

"San Jacinto College utilizes a holistic approach for equity in access and success to ensure that all students have an opportunity to earn a higher education credential," said Chancellor Dr. Brenda Hellyer. "We are incredibly thankful and grateful to the Aspen Institute and the Siemens Foundation for this award and for recognizing San Jacinto College faculty and staff for the important work they do every day to ensure our students succeed."

► **For more information on San Jacinto College's nursing and process technology programs, visit sanjac.edu/nursing and sanjac.edu/cpet.**

Register for spring 2021 classes

There's no better time than now to start thinking about your goals for the new year! Whether you're looking for a new hobby, thinking about a career change, or considering a new post-retirement skill, San Jac has you covered.

Register now for San Jacinto College's spring 2021 classes, which begin Jan. 19.

Students have multiple options for the upcoming semester with "San Jac My Way," which offers five different ways to learn, both in person and online: Online Anytime, Online on a Schedule, Face-to-Face, Flex Campus, and Hands-On Hybrid.

- **ONLINE Anytime** allows students to take classes online at any time. This is the most flexible of the four options, allowing students to work on coursework whenever their schedule allows, without having to come to campus.
- **The ONLINE on a Schedule** option also delivers coursework online, but the lectures and virtual instruction will occur at specific times on certain days, just as a typical face-to-face course would occur.
- **FACE-to-FACE** classes will take place in person on campus, with reduced class sizes and social distancing measures.

- **Hands-On HYBRID** is for the technical and applied skill courses. Most class instruction will be delivered online. Students will come to campus in small groups to complete hands-on learning and practical testing.
- **The FLEX Campus** option allows students to spend some time in the classroom with an instructor, in addition to online learning. Small groups of students in each class will have the option to attend in person, following all CDC and College health and safety protocols, while the remaining students will access the same coursework online. The small groups will rotate so all students in a class have multiple chances to attend in person, although it's never a requirement to attend in person.

Student services will remain available to all students enrolled this spring, regardless of which course modality a student selects. Services include online tutoring and advising, on-campus document drop-off, and virtual appointments for things such as admissions, career services, dual credit, financial aid, testing, veteran services, and more.

► **Visit sanjac.edu/my-way to learn more and to register.**

College delivers Promise program to Pasadena ISD students

San Jacinto College has partnered with Pasadena ISD and Good Reason Houston as participants in the Harris County Promise program to advance degree and certificate completion among students and to continue to create a college-going culture among underrepresented high school students.

High school seniors from Pasadena ISD's Dobie High School, Sam Rayburn High School, and South Houston High School now have an opportunity to have their tuition and fees at San Jacinto College paid in full by becoming Harris County Promise Scholars.

The Harris County Promise program is available to Texas resident high school seniors, regardless of GPA or family income. Eligible seniors who become Promise Scholars receive up to three years of guaranteed tuition and fees, assistance with books, and additional support to help them complete their degrees. Other participating Houston-area school districts include Aldine ISD (Aldine Senior High School, Eisenhower High School, Nimitz High School) and Alief ISD (Taylor



High School) with partnerships with Lone Star College and Houston Community College respectively.

San Jacinto College welcomed its inaugural cohort of 500 Promise students in fall 2020. These students are pursuing a variety of degree and certificate pathways with 34 percent studying areas within life sciences. Business, math, and engineering are next highest degree pathways.

For more information on the Harris County Promise program at San Jacinto College, visit sanjac.edu/harris-county-promise-program.

Wintry recipes

TO KEEP YOU WARM

By Courtney Morris



The holidays may be over, but let's face it: We could all use that festive feeling spilling over into January.

If you bought too many cans of pumpkin or still have a butternut squash taking up kitchen counter real estate, check out these recipes by San Jacinto College culinary arts faculty.

These dishes are guaranteed to keep you warm and fill you up throughout jacket and scarf weather!

Vegan Butternut Squash Soup with Coconut Milk and Ginger

Submitted by Chef Sandi Pepper / Makes about 8 cups

Ingredients:

- 1 medium butternut squash (3 pounds)
- 3 tablespoons safflower or other neutral-flavored oil
- Kosher salt and freshly ground pepper
- 3/4 cup thinly sliced shallots (3 medium)
- 3 cloves garlic, smashed and peeled
- 2 tablespoons minced ginger (from a 2-inch piece)
- 3/4 teaspoon ground coriander
- 4 cups low-sodium vegetable broth
- 1/2 cup coconut milk, plus more for serving
- 1 tablespoon fresh lime juice (from 1/2 lime)

Instructions:

1. Preheat oven to 400 degrees. Cut squash in half lengthwise. Scoop out seeds and reserve (can toast for topping). Drizzle cut side of squash with 1 tablespoon oil and season with salt and pepper. Place cut-side down on a foil-lined rimmed baking sheet. Roast until squash is very tender when pierced with the tip of a knife, 50 to 55 minutes. Let cool slightly, about 15 minutes.
2. In a 6-quart pot or Dutch oven, heat remaining 2 tablespoons oil over medium heat. Add shallots and garlic, season with salt and pepper, and cook until shallots are soft and translucent, 6 to 8 minutes. Add ginger and coriander. Cook until very fragrant, 2 minutes. Stir in broth, 1 cup water, and 1 teaspoon salt.
3. Scoop flesh from cooled squash into pot. Bring to a boil. Then reduce heat to medium-low and simmer, stirring a few times, 30 minutes. Let cool 5 minutes.
4. Working in batches, puree soup in a blender until smooth. Return to pot; heat over medium. Whisk in coconut milk. Cook until warmed through, 5 minutes. Remove from heat and stir in lime juice. Season to taste with salt and pepper. Serve drizzled with more coconut milk and sprinkled with toasted squash seeds, if desired.

Pumpkin Muffins with Cream Cheese Icing

Submitted by Chef Andrea Huerta

Warm these for a yummy midmorning or afternoon snack.

Ingredients:

- 3 cups all-purpose flour
- 1 tablespoon cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon nutmeg
- 2 teaspoons baking soda
- 1 1/2 teaspoons salt
- 3 cups granulated sugar
- 1 can (15 ounces) pumpkin puree
- 4 large eggs
- 1/2 cup vegetable oil
- 1/2 cup apple juice
- 1/4 cup finely chopped walnuts



Instructions:

1. Preheat oven to 350°F. Use cupcake liners or grease 30 muffin cups.
2. Stir flour, spices, baking soda, and salt together in a large bowl. In another large bowl, combine sugar, pumpkin, eggs, oil, and juice. Beat until just blended.

3. Add flour mixture to pumpkin mixture. Stir just until moistened; then add walnuts. Spoon batter into prepared muffin cups, filling three-quarters full.
4. Bake for 25 to 30 minutes, or until wooden pick inserted in centers comes out clean.
5. Cool in pans on wire racks for 10 minutes. Remove to wire racks to cool completely. Store muffins in covered container or resealable plastic bags.

Cream Cheese Icing

Ingredients:

- 8 ounces cream cheese, softened
- 1 stick of butter, softened
- 4 cups powdered sugar
- 1 tablespoon vanilla extract

Instructions:

1. Beat the cream cheese with an electric mixer 30 seconds. Add butter and beat 30 seconds more.
2. Add the powdered sugar and vanilla. Continue to beat until creamy.
3. Frost muffins.

Easy Appetizer 1: Sweet & Spicy Meatballs

Submitted by Chef Michael Schuster

Instructions:

1. Make your favorite meatballs.
2. Mix chili sauce (such as Heinz) and high-quality grape jelly in 50/50 ratio. The mixture should taste evenly sweet and savory.
3. Precook the meatballs. Put meatballs and grape jelly/chili sauce mixture in pot and heat.



Easy Appetizer 2: Candy Kielbasa

Submitted by Chef Michael Schuster

Instructions:

1. Preheat oven to 325 degrees.
2. Slice purchased kielbasa sausage into 1/4" rounds. Place rounds on a foiled cookie sheet.
3. Sprinkle light brown sugar evenly over sausage. Then sprinkle Sprite or 7Up over the sausage and brown sugar — enough to wet the ingredients.
4. Bake in oven for 10-15 minutes or until sausage is caramelized. Serve with toothpicks.



Embrace YOUR BEAUTIFUL SELF AT ANY AGE

By Courtney Morris

Perhaps you've heard some of these beauty myths: The damage is done by 18. Acne goes away with age. Oily skin resists wrinkles.

Or you've seen magazine covers selling the idea that only a certain look, shape, or age is beautiful or handsome.

Maybe you've also heard beauty is more than skin deep, so why even focus on appearance anyway?

It's OK to focus on both: beauty on the inside and outside. Here are some ways to embrace your beautiful self no matter what your age!

Beauty starts on the inside

Cornellia Angelle, San Jacinto College North Campus program director of cosmetology, encourages you to start cultivating what's inside before enhancing what's on the outside.

"Don't get over-obsessed with beauty," Angelle said. "If you feel you need some enhancements, do what you can to make yourself feel better. But beauty has less to do with physical appearance. It's about being kind and humble."

Embrace patience, gratitude, and forgiveness toward self and others. Savor and share the good things in life.

Self-conscious about your appearance? Culture has started redefining beauty to accept all shapes, sizes, and qualities.

"Especially as we age, a misconception is that we're trying to stop the aging process," Diana Perez, South Campus cosmetology instructor, said. "Now more than ever, we're trying to age beautifully and gracefully."

While beauty starts on the inside, how you look can affect how you feel. Angelle and Perez share tips to highlight the beauty that's already there.

Embrace that face

Balance your skincare regimen with products that sustain health and protect from everyday pollutants.

Some things to do:

- Cleanse, tone, and moisturize in the morning, evening, and after exercise to remove pollutants from your face.

- Choose a moisturizer with SPF or apply sunscreen after moisturizing.
- For more advanced help, consider facial treatments to prevent/correct damage, smooth fine lines and wrinkles, and reduce discoloration, sunspots, and vascular marks.

"This way, we can maintain a smoother, younger-looking complexion for longer by giving our skin exactly what it needs," Angelle said.

The skin's natural cycle is 30 days, so try new products at least six weeks to see the effects once new cells generate. Use anti-aging serums and creams at least four months to see whether they boost the skin's natural collagen and elastin cycles.

Perez encourages getting regular facials. Facials cleanse the skin by bringing impurities to the surface. If you do them only before special events, you're more likely to experience breakouts.

"A regular routine is always a good idea," she said.



Love those locks

It's no surprise your hair ages with you. Because your scalp produces less oil, your hair may become dry. Try a conditioner for mature hair.

If your hair is thinning, you can also trim it shorter so it looks fuller, but this doesn't mean chopping

everything off. Work with your stylist to explore flattering cuts for your hair texture. Or download a phone app that lets you test different hairstyles with your face shape.

"The basic rule of finding a great haircut is to highlight your best feature," Angelle said. "The last thing you want is to get a haircut that makes you feel unlike yourself."

Perez has seen more people — even in their 20s and 30s — embrace gray hair, dyeing everything gray to match their roots. Also, longer hair and perms are trending.

"Textured hair is making a big comeback," she said. "Now we do a bigger, looser curl for volume and body."

Ultimately, how you feel about yourself trumps what the beauty industry considers flattering. With the right attitude, you can rock any haircut.

Show those hands

Have you ever heard you can tell someone's age by his or her hands? According to

dermatologists, your face is one of three "faces" on the body. The hands and neck/décolleté (upper chest) are just as exposed to common aging elements.

Treat your neck and décolleté to the same cleansing and skincare routine as your face to prevent premature aging.

Use moisturizing creams that contain antioxidants and SPF to protect your hands from pollutants and UV exposure. Keeping nails healthy is also the perfect excuse for a manicure!

"Regular manicure routines are good," Perez said. "An oil manicure especially will be nutrient-rich, keeping the nails looking beautiful and young."

Get pampered

Sometimes you need an opportunity to unwind.

If you have room in your budget, get pampered for an entire day at a spa. A hand or facial massage gets endorphins flowing and can help you feel better mentally.

"Pampering can help you feel relaxed and focused and even reduce pain," Angelle said.

Or pamper yourself at a fraction of the cost at San Jac! The North and South Campuses' new salons occasionally offer discount days for senior citizens.

Because of COVID-19, both salons may still be closed. To check on hours, services, and prices, contact:

- **North Campus:** gayle.scott@sjcd.edu or 281-459-7108
- **South Campus:** lupe.erwin@sjcd.edu or 281-922-3406

Due for a new 'do?

Check out our salons at the North and South Campuses! Advanced cosmetology students offer many services, including...

- Haircut
- Straighten/iron curl
- Manicures and pedicures
- Reform curl
- Permanent wave
- Foil or cap highlighting
- Temporary or semi/demi color
- Brow, lip, and chin waxes



FITNESS FOR SENIORS:

Get Moving

By Melissa Trevizo

Looking for a way to get moving this spring? Fitness for Seniors is a great way to start a healthy new chapter in your life. Students will learn basic fitness routines and gain an understanding of how personal fitness benefits the entire body.

This class is especially designed for seniors to help build and maintain strength, agility, and flexibility. The course is offered in two sessions beginning Jan. 12 - Feb. 2 and Feb. 16 - March 9 and meets each Tuesday from 12-1 p.m. at the San Jacinto College Central Campus.

To learn more, contact San Jacinto College Continuing and Professional Development at 281-542-2020 or visit www.sanjac.edu/cpd.

Legacy OF LEADERSHIP

By Andrea Vasquez

It's not easy saying goodbye to people and places you have dedicated most of your personal and professional life to. San Jacinto College provosts Dr. William Raffetto (North Campus) and Dr. Brenda Jones (South Campus) are experiencing this after recently retiring.

Raffetto and Jones have contributed more than 55 years of leadership, counsel, and expertise to the College. Serving on the strategic leadership team, they helped pass the College's 2015 \$425 million bond referendum, which funded renovations, technology, and new facilities. Under their leadership, the College also received the 2017 Aspen Institute Rising Star Award and its third consecutive nomination as a top 10 finalist for the Aspen Prize for Community College Excellence.

Raffetto began his San Jac career in 1984 as the South Campus dean of student services. During his 36 years at the College, he also served as vice president of both student services and enrollment services. Renowned for his storytelling, he has also built high-functioning teams through his knack for coaching others on their strengths.

"I hope people will remember me as the administrator who had the courage to tell people what they needed to know rather than what they wanted to hear," he said.

In 2015, Raffetto created the Read Across North Campus program to inspire love of reading and provide access to interesting books. Coinciding with Read Across America/Dr. Seuss Day, the annual book drive provides all kinds of free books to students. To date, North Campus faculty and staff have donated more than 7,000 books for the program.

Raffetto says his professional service comes down to the people.

"I am very grateful to have worked with very smart people who are dedicated to student success and to improving the lives of others," he said. "Hiring good people, having confidence



in them to do their job, and assisting them with their professional development has been one of the most rewarding things in my administrative career."

His retirement plans include attending his two grandsons' soccer practices and games and reading, which has always consumed his free time.

Raffetto holds a doctorate and master's from Texas A&M University-Commerce and a bachelor's from Duquesne University.

Jones has also left her mark on the College. In 2001, she began as an adjunct professor in the Central Campus business management department, then later served as the program coordinator for corporate education in the Continuing and Professional Development Division, dean of business and technology, and the interim vice president of learning before being named the South Campus provost after a national search in 2012.

"Being a part of the remarkable leadership of this phenomenal organization has been one of the greatest achievements of my career," said Jones. "We have the very best forward-thinking board of trustees and strategic leadership team leading the College. These innovative leaders — along with our faculty, staff, and administrators — truly understand the importance of putting our students and their success at the heart of everything we do."

Throughout her 19 years at the College, mentorship remained at the core of Jones' leadership DNA. She calls the students and

employees she has mentored over the years her greatest achievement.

"One of the most rewarding aspects of my job has been personally serving as a mentor to some of the brightest students and employees at San Jacinto College," she said. "It's been a great joy to have been a part of their success, and I consider all of them legacies, not only for me but for our College, which will benefit

from their knowledge and leadership for years to come."

Jones holds a doctorate from Texas A&M University and a master's and bachelor's from the University of Houston-Clear Lake.

Jones and her husband look forward to the adventures ahead in this retirement chapter. While they have postponed globetrotting because of COVID-19, they are taking a few domestic trips.

Both Raffetto and Jones share these tips for aspiring, new, and veteran leaders.

"Be willing to compromise on processes, but never compromise your principles. Never lose sight of the mission of your organization," said Raffetto.

"Know when to lead and when to follow," said Jones. "Acknowledge when you are wrong, and know that you don't always have to be right. Never get so big that you forget to be humble. Show others you appreciate them and the work they do."

According to Chancellor Dr. Brenda Hellyer, Raffetto and Jones' impact will continue to move the College forward.

"Bill and Brenda have been profoundly instrumental in establishing San Jacinto College as a leader in higher education," said Hellyer. "Throughout their tenures, they have built new, innovative College programs, committed to steadfast student success, and created a culture of transformational and servant leadership. We wish them both a wonderful, happy retirement."



Dr. William Raffetto



Dr. Brenda Jones



DONORS MAKING

By Andrea Vasquez

A *Difference*

Paying it forward is often how people describe a way to thank and continue the same generosity, mentorship, and caring that leads to possibility. Whether it's time, talent, or treasure, those who want to make an impact find ways that they can support the people and causes that mean the most to them. Matching donors to student needs is something the San Jacinto College Foundation can do for their donors, showing them how their gifts are making a direct impact on students' lives.

The Foundation matches donors to various programs, initiatives, and student needs. This allows donors several giving options such as general recurring giving, regular scholarships, scholarship endowments, and planned giving. Since so many facets of accessing and completing a college credential are even more difficult now, the Foundation also provides donors with opportunities to donate directly to emergency funding for students. These funds help students with any emergency needs that arise, such as utility bills, child care, and other immediate essential needs.

"The San Jacinto College Foundation helps our students by shouldering some of the financial burden that comes with pursuing higher

education," said San Jacinto College Chancellor Dr. Brenda Hellyer. "Each year, our generous donors change the course of so many students' lives. While the scholarships and emergency funding they provide mean less stress for our students, the support also motivates them to persevere. Thanks to you, our students are achieving their educational and career goals."

Having a number of giving options also helps donors budget and plan for their financial gifts. With general giving and regular scholarships, donors can give a set amount each year, knowing that their funds will be used based upon the criteria they set for their scholarships or recurring gifts. Scholarship endowments provide scholarship funding to students in perpetuity. Endowments are larger amounts donated to the College which it manages and distributes the earnings from the endowment. Like regular scholarships, donors still have to specify how they want their endowment to be used. However, the principal of the endowment is untouched, so the scholarship will remain a consistent source of aid for students that produces funds from the endowment earnings. Planned gifts allow donors to incorporate the College into their will as a recipient of the planned amount they specify after their passing. This is yet another option donors have to leave an additional educational legacy to ensure that San Jacinto College students exceed their goals thanks to their generous gift.

In 2019, the San Jacinto College Foundation honored the Niday family as its annual Lifetime

Legacy Award recipient. The Niday family has endowed two scholarships; the Joy Ruth Niday Scholarship for nursing students and the Capt. John B. "Jack" Niday Jr. Maritime Scholarship.

"When my mother passed away in 2003, I gave thought to how I could honor her," said Joy Niday, local business owner and San Jacinto College Foundation board member. "I decided to set up a scholarship in her name for nursing students. The students who receive the scholarship will become caregivers and will do so much good in the world. My mom had the desire to become a nurse but couldn't afford to achieve it. It is rewarding to know we are helping someone else make that journey."

After her father's passing in 2018, Niday also established the Captain John B. "Jack" Niday Maritime Scholarship in honor of him and his longtime contribution to the maritime industry working on the Houston Ship Channel.

"The Captain John B. 'Jack' Niday Maritime Scholarship is dedicated to supporting San Jacinto College maritime students in honor of four generations of Niday men who have served on Houston's Ship Channel," Niday added.

To date, the Niday family has funded more than 48 student scholarships.

► For more information on giving to the San Jacinto College Foundation, visit sanjac.edu/foundation/giving.

IS IT TIME TO CROSS *Motorcycle license* OFF YOUR BUCKET LIST?

By Courtney Morris / Photos by Melissa Trevizo

A youngster in the hippie era, John Jackson still remembers the image of bikers then: leather-clad, rough, and rebellious. A lot has changed.

"In the '70s, you saw hard-core people," Jackson said. "Now you see professionals riding motorcycles."

Not only does the San Jacinto College Continuing and Professional Development (CPD) motorcycle instructor want to change the biker stereotype. He also wants to appeal to senior citizens who have dreamed of riding into the sunset on a motorcycle and now have time to learn.

All ages welcome

This spring, CPD will offer eight sessions of the motorcycle basic rider course (BRCu) at the South Campus for community members to get their Class M license. Enrollment is eight students per class.

Think motorcycles are for the younger crowd? While some 20-somethings enroll looking for a cheaper transportation option, Jackson has taught his share of senior citizens looking to cross off a bucket list item.

Jackson started riding dirt bikes at 13 and street bikes at 20. He got certified to teach motorcycle

rider courses in 2006. At 56, he still enjoys both riding and teaching.

"I like the challenge -- want to help grow the motorcycle community," he said. "The neatest thing about being a motorcycle instructor is you meet people from all walks and professions."

Class M 101

San Jac's course takes place in 15 hours over a Saturday and Sunday. Those two days include five hours of classroom instruction, bike exercises, and occasional breaks.

Classroom activities introduce the skill set a rider needs -- from critical thinking to safe decision making. The riding sessions include 14 range exercises in the parking lot using provided motorcycles. Students practice basic control, including clutch and throttle coordination, straight-line riding, stopping, turning, and shifting.

In Texas, motorcycle license seekers must take an in-person class and pass written and skills tests.* The San Jac class includes both tests, and passing students receive a certificate to take to the Texas Department of Motor Vehicles to get the Class M endorsement added to their driver's license -- about a \$16 fee.

While many students pass the class, Jackson said the biggest issues happen when people

can't balance on the motorcycle, manage the clutch, or maintain stamina for the physical demands of a motorcycle. Or they don't take Texas heat into account.

"Conditions outdoors can really affect you," he said.

If you have an underlying health condition, choose a spring or fall class over summer.

No substitute for safety

Who is the ideal candidate for a motorcycle? Someone who commits to safety, Jackson said.

"It's more dangerous than driving a four-wheel vehicle," he said.

Think about it: In a vehicle, the engine, trunk, and door serve as buffers between you and another driver. In a motorcycle, that cushion doesn't exist.

Riders also must be aware of road hazards and unfavorable driving conditions -- from potholes and texting drivers who drift across lanes to rain and sizzling Texas heat combining with bike heat.

Road trips and riding buddies

Despite road hazards, Jackson says nothing beats the experience on two wheels.

"I think it's very relaxing," he said. "Most people say that when they talk to me: 'I have a stressful week. Then I get on my motorcycle on the weekend.'"

The community aspect is also a draw. Some riders have standing weekend breakfast rides: Every Saturday they hit the road together to try eggs, bacon, and biscuits at a new hole-in-the-wall. If you're a motorcyclist, you're never without a riding buddy, Jackson said.

"That's the neat part about it," he said. "You can go to a store that sells motorcycle apparel and exchange numbers, and next thing you know, you have a new riding friend."

**Note: Anyone without a driver's license or under 18 must still take a DMV road test.*



Get Your Class M

This spring, CPD offers eight sessions of the Motorcycle - Basic Rider Course at the South Campus. Cost is \$250. Students must wear/bring:

- Long-sleeved shirts and pants
- Over-the-ankle leather shoes or boots with heels
- Gloves
- Glasses or face shields

Motorcycles (125 and 250cc) are provided. Because of COVID-19, students may also have to bring their own helmets. To register, call 281-542-2020.

EVENT LIST

*All times and event schedules listed are subject to change.
For more information, visit sanjac.edu.*

Jan. 14, 12-1 p.m.

Your Health Matters Webinar Series: Live an Active Lifestyle
Email community.engagement@sjcd.edu to register

Jan. 15, 12-1 p.m.

Learn@Home Crafts Webinar: Custom Valentine Mailbox
Email community.engagement@sjcd.edu to register

Jan. 19

Spring classes begin. All campuses and online

Jan. 20, 2-3 p.m.

Career Info Session: IT Tech.
Email community.engagement@sjcd.edu to register

Jan. 21, 12- p.m.

CPD Community Webinar: Stress Management and Anxiety During the Pandemic: Coping Skills
Email community.engagement@sjcd.edu to register

Jan. 22, 10 a.m.

Maritime Information Session. Online;
Register at sanjac.edu/form/maritime-information-session-registration

Jan. 28, 12-1 p.m.

CPD Community Workshop: Conversational Spanish
Email community.engagement@sjcd.edu to register

Feb. 5, 10 a.m.

Maritime Information Session. Online;
Register at sanjac.edu/form/maritime-information-session-registration

Feb. 9, 12-1 p.m.

Texas Recovering Together Webinar on Self Care with the Harris Center
Email community.engagement@sjcd.edu to register

Feb. 10, 2-3 p.m.

Career Info Session: Advanced Manufacturing
Email community.engagement@sjcd.edu to register

Feb. 16, 12-1 p.m.

CPD Community Workshop: Conversational Spanish
Email community.engagement@sjcd.edu to register

Feb. 18, 12-1 p.m.

Your Health Matters Webinar Series: Understand and Prevent Cancer
Email community.engagement@sjcd.edu to register

Feb. 19, 10 a.m.

Maritime Information Session. Online;
Register at sanjac.edu/form/maritime-information-session-registration

March 5, 10 a.m.

Maritime Information Session. Online;
Register at sanjac.edu/form/maritime-information-session-registration

March 15-21

Spring Break holiday- College closed. All campuses and online

April 2-4

Easter holiday- College closed. All campuses and online

April 16, 10 a.m.

Maritime Information Session. Online;
Register at sanjac.edu/form/maritime-information-session-registration



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SAN JAC MY WAY

SPRING 2021 CLASS OPTIONS

SAN JACINTOSM
COLLEGE
Your Goals. Your College.



ONLINE Anytime

Take your classes online, at any time! Our most flexible option allows you to work on coursework whenever your schedule allows, and you won't come to campus at any point.



ONLINE On A Schedule

If you like the structure of a routine, this option is for you! All coursework will be completed online, but the lectures and virtual instruction will happen at specific times on certain days, just like a typical face-to-face course.



Hands-On HYBRID

Technical and applied skill courses will follow a hybrid format. Most class instruction will be delivered online. Students will come to campus in small groups to complete hands-on learning and practical testing.



FACE-to-FACE

In-person classes will occur on campus with social distancing measures in place.

Face to Face Transition to Online on a Schedule - Take your classes in person, on campus. If there is a need to transition to online learning, these classes will stay on a schedule.

Face to Face Transition to Online Anytime - Take your classes in person, on campus. If there is a need to transition to online learning, these classes will allow for flexible schedules.



FLEX Campus

This unique option will allow you to spend some time in the classroom with your instructor, in addition to online learning. Small groups of students in each class will have the option to attend in person while the remaining students access coursework online. The small groups will rotate so all students in a class have multiple chances to attend in person, although it's never required when it's your turn.

Student SUPPORT

Regardless of the type of course you choose, all students have access to the same resources and support:

- Online Tutoring
- Online Advising Chat
- On-Campus Document Drop-off
- Virtual Appointments for:
 - Admissions Advising
 - Career Services
 - Dual Credit
 - Educational Planning
 - Financial Aid
 - International Student Services
 - Mental Health/Personal Counseling
 - Recruiting/Outreach
 - Food Markets Sign-up
 - TSIA Testing
 - Veteran Services

No matter which type of course you choose, course materials and lectures will be available on Blackboard.

Classes start **Jan. 19**